

AZ AAU SUMMER VOLLEYBALL CAMP

ALL SKILLS CAMP

We want to work with you! These three-day camps will teach and train all skills of the game. Learn proper form, technique, and develop good habits for success. Also, we will discuss and answer questions regarding recruiting and detail what it takes to get to the next level.

2017

June 12-14

9 am- 3 pm

Schedule

9a-11:30 Session I
11:30-12:30 Lunch
12:30-3 Session II

July 24-26

9 am- 3 pm

Schedule

9a-11:30 Session I
11:30-12:30 Lunch
12:30-3 Session II

Location

Chandler-Gilbert
Community College
Coyote Center
Gymnasium
2626 E. Pecos Rd.
Chandler, AZ 85225

Overview

Format: Each camp offers two sessions a day for 2 1/2 hours each, equaling 15 hours of total training. Camp runs 9:00a – 3:00p with an hour break for lunch Monday– Wednesday.

Participants: These camps are open to all Varsity, JV, Freshman, and Middle School age children. Players will be divided by skillset. Camp is available to all interested players and is restricted only by age and number of participants.

Focus: Drills and game play will be custom designed for the age and skill level of the campers. We start with basic fundamentals, and progress into intermediate and/or advanced drills based on ability. We train the entire game. Colleges are looking for well-rounded athletes. We teach all skill sets to everyone.

Price: Includes 15 hours of instruction and camp t-shirt. **June - \$160 / July - \$160**

Registration

To register, please go to www.azaauvolleyball.org. Or visit <https://campscui.active.com/orgs/SunrayVolleyballClub>

Meet The Staff

Amanda Omar is the Head Volleyball Coach at Chandler-Gilbert CC and is the AZ AAU Volleyball District Director. She is the Lead Coach for these camp sessions. She has over 20 years of coaching experience, a Masters in Coaching & Athletic Administration, CAP Level II Certified, and a Master Instructor for Volleyball Conditioning & Performance. She also works as an Evaluator for the Volleyball Factory, a Head Coach with the Nokaoi Showcase, and a Camp Instructor with All-American Volleyball Camps. Additional Coaches will be Ray Lewis, Head Coach - Ben U (Men's), Jenny Scott, Assistant Coach CGCC, NASM –CPT, certified USAV Volleyball Coach and collegiate players.

AZ AAU VOLLEYBALL
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Chandler, AZ 85226

PHONE CONTACT:
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WEB
www.azaauvolleyball.org